

#### **Title Sponsors**



U.S. Department of Veterans Affairs

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## 2024

#### **Statewide Symposium**

in Support of Service Members, Veterans & Their Families

April 17-18 | Phoenix, Arizona

arizona coalition for military families





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#### Education

Session 2

**Educational Opportunities** 

& Support for Milspouses





#### **Facilitators**



**Nicole Williams** 

**CAREER SPECIALIST** 

Arizona Coalition for Military Families



**Andrea Singsaas** 

SPECIAL PROJECTS CONSULTANT

Arizona Coalition for Military Families



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## Agenda

Garland Miller
Military OneSource

2 Kristen Silverman
Spouse Education & Career
Opportunities







## **Education Resources** for MilSpouses

Garland Miller
Military OneSource







#### **Resources for Military Life**

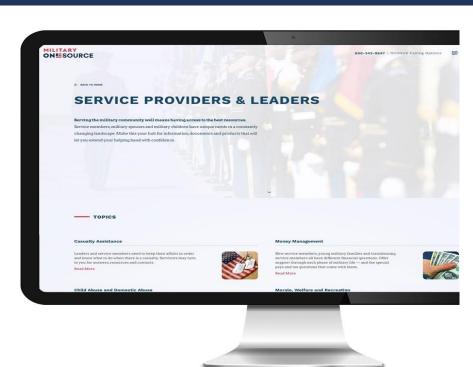




#### **Starting with the Website**

Military OneSource delivers easily accessible information and resources you can use to support service members and families who turn to you for assistance.

- Explore the entire site.
- Check out the Service Providers category.
- Create a login so you can download resources of interest.





#### **Tons of Materials to Choose From**

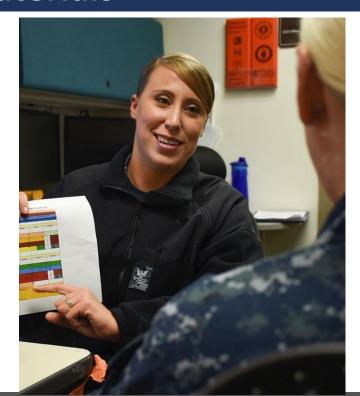
**Forms** Brochures Infographics
Toolkits
Articles E-learning courses
Flyers Pre-recorded webinars
Guides (PDFs)
Links to branch-specific programs Reports



#### **Downloadable and Printable Materials**

## Get resources, information and supportive materials to meet your service members' needs:

- Look for "Quick Access" in the MilitaryOneSource.mil menu and click on "Products."
- Search products by type (Audio and Video, Books, etc.) and by Category (Financial, Special Needs, etc.)
- Special order products by logging in or creating a Military OneSource account.
- Receive your products 7 to 14 days after the order is placed.





#### **Add More Materials to Your Collection**

- Get the latest information about timely issues and events that matter to service members and family members by signing up for eNewsletters.
  - Military OneSource
  - Friends & Family Connection
  - Spouse Education and Career Opportunities
  - Exceptional Advocate
- Articles include links to thousands of vetted resources and services.
- No matter which area of military life you want to explore, Military OneSource is a great place to start your search.

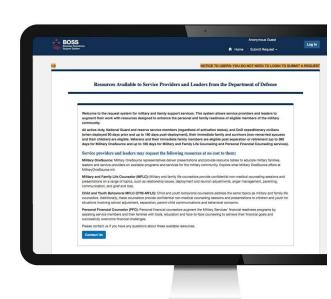




#### **Non-medical Counseling**

#### **Confidential non-medical counseling:**

- For service members and military families
- Private, at no cost
- Short-term, up to 12 sessions
- Connects service members or immediate family members to counseling from licensed mental health clinicians
- Helps with issues such as:
  - Improving relationships at home and work
  - Stress management
  - Marital and communication issues
  - Adjustment and deployment difficulties
  - Parenting skills
  - Grief or loss





#### **In-Person Support at Your Request**

Military OneSource state consultants come in person to explain the benefits, services and resources available to the military community

- Anyone who serves the military community can request a visit from a state consultant, including:
  - Military leaders from every branch
  - Military service providers
  - Civilian and community organizations that serve military populations







# Educational Opportunities and Support for MilSpouses

Kristen Silverman

Spouse Education and Career

Opportunities





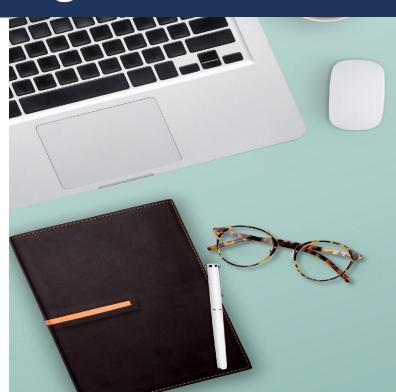
## Educational Opportunities & Support for MilSpouses





### **Introduction and Agenda**

- Overview of the MyCAA Scholarship
- MyCAA eligibility
- MyCAA school and program search tools
- When choosing a school
- MySECO website
- MyCAA coaching session
- Start your research
- Additional educational resources
- Military Spouse Employment Partnership
- SECO Coaching Packages
- Questions and feedback





## Overview of the MyCAA Scholarship

## Get the Credentials You Need To Achieve Your Career Goal

The My Career Advancement Account Scholarship is a workforce development program that provides up to \$4,000 in financial assistance to eligible military spouses for the pursuit or maintenance (including continuing education courses) of a license, certification, or associate's degree necessary to gain employment in an occupation or career field.





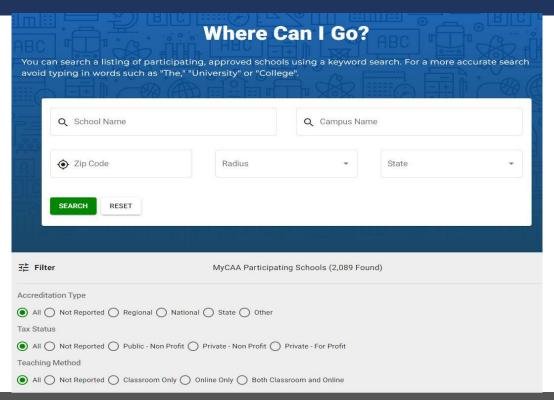
## **MyCAA Eligibility**

#### Who is eligible for the My Career Advancement Account Scholarship?

- Spouses of service members on active duty in pay grades E-1 to E-6, W1 to W2 and O1 to O-3
  who have successfully complete high school and have the ability to request tuition assistance
  while their military sponsor is on Title 10 military orders are eligible
  - In Fiscal year 23, MyCAA expanded eligibility to spouses whose Service member is in the pay grades of E6 and O3. Funding for these expanded pay grades is limited to approximately 1,250 spouses each fiscal year.
- Spouses married to members of the National Guard and reserves in these same pay grades are eligible
- Spouses remain eligible for financial assistance if their sponsor is promoted above the eligible pay grades as long as the spouse has a previously approved education and training plan

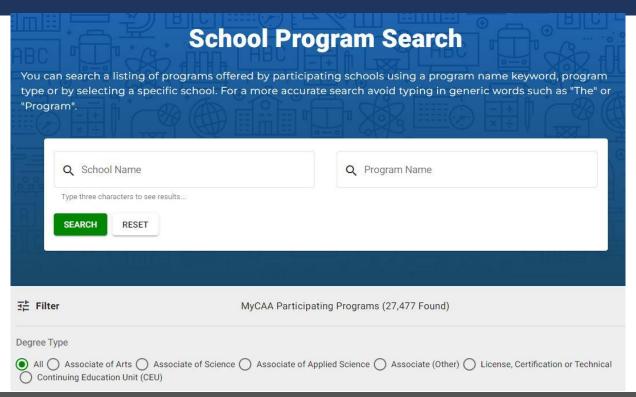


#### **MyCAA School Search Tool**





## **MyCAA Program Search Tool**





## When Choosing a School

- Coaches are not affiliated with any school and will help you:
  - Identify the program that best meets your needs and goals
  - Ensure the credential you earn meets state and federal requirements for working in that field
- Be your own best advocate





## **MySECO** Website





## **MyCAA Coaching Session**

- SECO career coach will meet for a 45-minute one-to-one session over the phone
- Discuss your education and career goals
- Review education, training, certification and licensure requirements for your career path
- Explore MyCAA school and program options
- Get connected to tailored resources and services through SECO
- Learn about next steps and ask any questions you might have





#### **Start Your Research**



Use resources such as the Occupational Outlook Handbook and the MySECO Research Occupations Tool to learn more about occupations, including:

- Pay
- Work duties
- Job outlook
- Work environment
- Education and training requirements
- Certification and/or licensing requirements
- Similar occupations



## **SECO Scholarship Finder**





#### LinkedIn Premium





Military spouse access to one-year, free upgrade to LinkedIn Premium

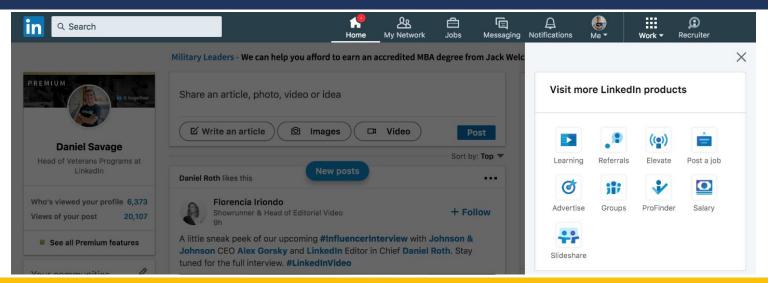


https://myseco.militaryonesource.mil/portal/article/linkedin-premium-for-military-spouses

https://socialimpact.linkedin.com/programs/veterans/milspouses



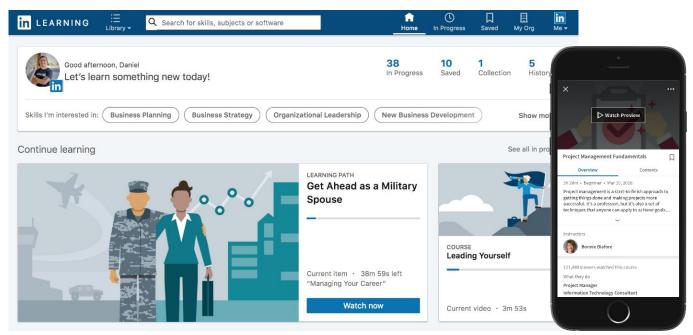
## **LinkedIn Learning**



Business Software and Tools \* Career Development \* Customer Service \* Marketing Education and Instructional Design \* Finance and Accounting \* Human Resources Professional Development \* Project Management \* Sales Small Business and Entrepreneurship



## Get Ahead As a Military Spouse LinkedIn Learning Path for Military Spouses





## Free Udemy Membership

#### **Specialized learning platform**

- More than 5,000 on-demand, flexible, online, self-paced courses
  - Learn new skills
  - Enhance current skills
  - Stay up-to-date on the latest industry trends
- Courses taught by leading experts
- Pathways to certification in areas including:
  - Amazon web services
  - Microsoft Azure
  - CompTIA, Cisco, CISM, Salesforce
  - Project Management Professional
  - National Association of State Boards of Accountancy
  - And more!





## **Onward to Opportunity**

- Free career skills program that supports transitioning service members, veterans and military spouses.
- Offers flexible learning pathways aligned to more than 30 industry certifications, professional certificates or in-demand fields.
  - Information technology, business management, customer service excellence



https://myseco.militaryonesource.mil/portal/article/career-training-courses



## Military Spouse Employment Partnership

- Apply for jobs with MSEP partners through the MSEP Job Search tool on the MySECO website
  - More than 700 military-friendly employers
  - More than 250,000 spouses hired

#### Find a job through the Military Spouse Employment Partnership

Search 597,071 active jobs for Military Spouses.



https://msepjobs.militaryonesource.mil/msep/



## **SECO Coaching Packages**

#### Free, unlimited career coaching sessions for military spouses!

#### **Industry-specific Coaching Packages**

- Helping Professions
- Freelancing in a Gig Economy
- Intelligence and Cybersecurity
- Entrepreneurship
- Health Care
- K-12 Education
- Federal Employment
- Information Technology

#### **Career Transitions Coaching Packages**

- Part-time Employment
- Transitioning Spouse
- Working Overseas
- Gaining Experience
- Working Remotely
- Career Readiness
- Re-Entering the Workforce
- New Spouse
- Career Pathways (Exploration)
- Permanent Change of Station



























#### **Questions? Feedback?**

#### We'd like to hear from you!

#### Connect with us:

Facebook – <a href="https://www.facebook.com/DoDMilSpouse">https://www.facebook.com/DoDMilSpouse</a>

Twitter – https://twitter.com/DoDMilSpouse

LinkedIn – https://www.linkedin.com/groups/4159976

SECO Career Center: 800-342-9647

Monday through Friday, 7 a.m. to 10 p.m. EDT Saturday, 10 a.m. to 5 p.m. EDT

#### **SECO Events Calendar:**

https://myseco.militaryonesource.mil/portal/events



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## Questions?





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#### **Session Evaluation**

We want to hear from you!



